

National Seniors

AUSTRALIA

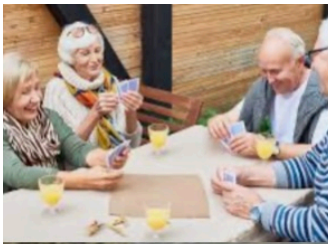


ATTENTION

THE KURRAWA SURF CLUB.

ADDRESS: OLD BURLEIGH ROAD,
BROADBEACH From 9:30 am

Wednesday 6th March 2024
Members and Friends Monthly Meeting
\$5.00 Admission for morning tea



The cards event will commence promptly at 10:30 am.
Arrive 10:00 am - 10:15 am, coffee, start at 10:30 am
The Event: Two games of five crowns.
The Winner: The lowest score on the day.
The Prize: One \$50 Kurrawa Surf Club Gift Card



The Bowls event will commence promptly at 10:30 am.
Arrive 10:00 am - 10:15 am, coffee, start at 10:30 am
For those keen to learn or continue your journey Neville and his able assistants will guide a tutorial filled morning finishing with a mini event to win a \$50 gift card.
Bowls provided all you need is flat sole shoes.
In the case of inclement weather Neville will facilitate a bowls 'benefits & opportunities' round table tutorial providing information on different aspects of the game.



Following both events, the winners will be presented with their prize during lunch. In addition, for all those attending the lunch, the committee will undertake two further lucky door prizes of two \$50 Gift Cards.

MONTHLY MEETINGS

*When: first Wednesday of each month (Except January)

*Time 9.30 AM

*Where: Kurrawa Surf Club
Old Burleigh Road Broadbeach

*On the 2nd Floor, Go to the first floor walk past bistro and catch lift
Look for our Banner signs. We will have people show you the way..

TRANSPORT

*Parking at the Surf Club. (3 Hour limit)

*Oasis shopping centre parking.

North Broadbeach light rail, short 6-10 minute walk.

705 Bus, stops in front of the Kurrawa Surf Club Broadbeach

CONTACT DETAILS

Phone No. 0432 396 300

Email: jaj28th@me.com

Web site: <https://nationalseniors.com.au>

Come along and meet the local and very active over 50's residing in and around Broadbeach



Sharon Stone 10th March 1958



Elton John 25th March 1947

The two zodiac signs associated with March are Pisces and Aries. Those born from March 1st to March 20th are members of the Pisces sign.

One born under the Pisces sign, can be recognised for their optimistic ambition and determination.

For those who were born from March 21st to March 31st, are members of the Aries sign.

It is hard for a member of the Aries sign to go unnoticed, as their fiery and passionate dispositions are hard to miss.

Aquamarine, the birthstone for March, has a rich colour, and has been long a symbol of youth, health and hope. It's mesmerising colour ranges from pale to deep **blue** and are reminiscent of the sea.

A perfect birthstone for March, the **Aquamarine** creates a beautiful accent to spring and summer wardrobes.

Famous people born in March.

Lady Gaga, Justin Bieber, Mariah Carey, Sharon Stone and Elton John.

→ Jamie Oliver has been accused of shoplifting a kitchen utensil from Tesco. Jamie says it was a whisk he was prepared to take.

→ Police stopped a Pakistani in his transit van on the motorway.

The policeman says "did you know the limit is 70?"

The driver leans into the back and says "here that....three of you have to get out" .

→ Paddy and Mick stagger out of the zoo with blood pouring from them. Bollocks to that said Paddy "that's the last time I'll go lion dancing"

→ My mate, just hired and eastern European cleaner, took her 15 hours to Hoover the house.Turns out she was a Slovak.

→ Since the snow came, all my wife has done is look through the window. If it gets any worse, I'll have to let her in.

→ I've been charged with murder for killing a man with sandpaper
To be honest, I only intended to rough him up a bit.

→ Seven Wheelchair athletes have been banned from the Paralympics after they tested positive for WD-40.

→ A mummy covered in chocolate and nuts has been discovered in Egypt, archaeologists, believe it may be pharaoh rocher.

→ Two Indian junkies accidentally snorted curry powder instead of cocaine.... both are in hospital.... one's in a Korma, the others got a dodgy tikka.

→A woman has twins, and gives them up for adoption. One of them goes to a family in Egypt, and is named Amal. The other goes to a family in Spain, they name him Juan. Years later, Juan sends a picture of himself to his birth mother. Upon receiving the picture, she tells her husband that she believes she also had a picture of a Amal.

Her husband responds.

They're twins if you've seen Juan you've seen Amal.

→ There was a person who sent 20 different puns to his friends, with the hope that at least 10 of the puns would make them laugh. No pun in ten did.





Ken talks about smoke alarms



The Stockwell gift cards are well received



Lyn scores the mystery prize



Karen selects the KSC \$50 gift card



Merrill leaves the Joker in the pack



The members thank and reward Ken



A table for 30 at Urban Surprises to come



Murray the first of 3 milestone gifts



David and Lawrence show off their milestone birthday Kurrawa gift card reward



Bella explains the Urban gift card



Glennis wins the Urban \$50 gift card



'Two tables of five crowns on Wednesday 28 March.



Carly learns how to do the Merrill shuffle.



Helen and Matt proudly display their winning score sheet.



Carols Corner Changing the World One story at a Time

This month
The Lost Art of
Communication



I have said during all my years of writing, that there is nothing like the written word for conveying thoughts and beliefs. And that still is my commitment and pleasure, and is always the most important part of my life. But now, something else has entered our lives, and in an insidious way, is taking over from human contact - which is surely our first priority in today's isolated world.

To receive a friendly phone call from someone, and into the bargain, keep in touch with family and friends in a way that is uplifting and precious, now has been replaced with text messages, and the back and forth of truncated sentences is now replacing the joy of hearing a voice. How do we deal with this, as it is now considered necessary etiquette to text and set up a time if we wish to connect in person, not in a group of lines on the screen?

The word "dinosaur", as usual rears its head when we complain, but perhaps by accepting this, we accept that there is nothing we can do about it.

Well, I think there is something we can do!

Let us in a friendly way try and bring back the ordinary phone call - and stop reaching for "message" on our screens.

I personally have found it all too easy to jot down a few words instead of trying to actually talk to someone. So - there has to be a happy medium, and a little bit more contact of a verbal kind can only enhance our lives. Of course nothing can replace sitting with a group of family or friends, and discussing and enjoying it all without a phone or tablet insight!



- A. Can I call you later, gotta run, taking the kids to Satan.
- B. Wow, I know they have been a handful this year but, that seems kinda harsh.
- A. Sorry Santa.

Boy 1. How was the date?

Boy 2. Not bad, we went to dinner then I killed her in the woods outside her house and left.

Boy 1. killing seems a bit harsh.

Boy 2. Sorry, kissed.



A. I'm going to get a sandwich, i'll be right back.

B. OK

A. I'm getting office complaints because I have tuna in my underwear.

B. Cant exactly say I blame them.

A. Sorry, Tupperware



Comprehensive Car Insurance – that's all about you



Make your eye health a priority today

We take our eyesight for granted – until there's a crisis. Here's how to take preventative action.



Think small: businesses suitable for seniors

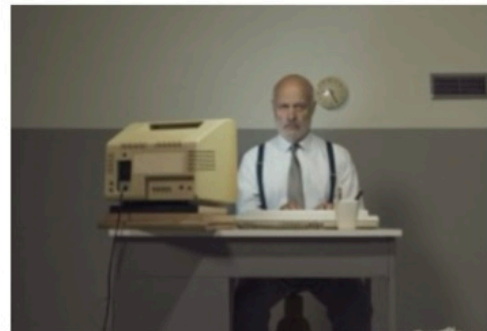
Whether you are transitioning from full-time employment or want to supplement your retirement income, these ideas are worth considering.

Escorted tours



New Ghan and Indian Pacific Rail Journeys

Traverse across Perth to Sydney in Gold Class cabins that offers vast, scenic landscapes that include four different mountain experiences.



How AI is transforming the financial landscape

While we've heard a few horror stories about the new intelligent technology, it's already changing some things for the better.

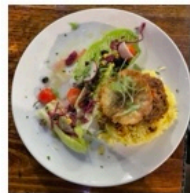
Concerning the reference AI Artificial Intelligence above. In this months newsletter, Carol makes reference to AI and the future prospect of a cashless society. The CEO of National Seniors will visit Broadbeach on 7 August to outline Seniors concerns.

Broadbeach Seniors, March lunch
Where: Cuban Fine Dining Restaurant
Where: Oracle Boulevard
When: 12:30 pm, Wednesday 20th March
Special Offer: \$35 pp, Not BYO



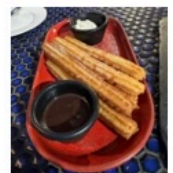
To begin, Pan Con Tomato
A delicious fresh tomato base tapas

For a chance win a \$50 Kurrawa Surf Club Gift Card, the committee will hold a brief trivia quiz on "How much do you know about Cuba" So, plenty of time for a little homework.



Mains delivered as share plates
Ropa Vieja a shredded beef with sides
Mojito Chicken grilled with traditional Cuban imbedded flavours.

To finish, Churros, a fried dough used for dipping with chocolate and baileys cream, plus traditional cheesecake



Cards, Coffee and Cuisine

Wednesday 27th March

Bowls Club



167 Surf Parade, Broadbeach.

Cards at 3pm
Hosted by Glen
harrglen@gmail.com
Text 0408 029 788



Dinner from 6pm
RSVP to Glen
harrglen@gmail.com
Text 0408 029 788



Rod last spoke to us on 5 May 2023.

On this occasion, he will talk about convicts and outlaws, stealing mail while highwaymen hang from the Tyburn tree and open up pay per view. Hitchcock opens a dead letter office, while the worlds greatest mail robber, peruses the girl from Ipanema. Horses shape a space rocket and porch pirates take on Amazon, while Clint Eastwood, Dodgers, a Mac. Horses shape a space rocket and porch pirates take on Amazon, while Clint Eastwood, Dodges, a 'Mac The Knife' go ahead make my day.



BROADBEACH BRANCH SPONSORS

Providing financial and supportive assistance to local seniors.



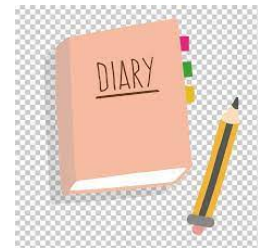
Oasis shopping centre Broadbeach and the Paradise Centre Surfers Paradise



BROADBEACH BRANCH SUPPORTERS

providing value for money culinary experiences to local seniors.





March 2024

| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|---|---|---|----------------------------|--|---|--|
| | | | | Gold Coast Caravan & Outdoor Expo Heritage Bank Stadium | 2 | Broadbeach Art & Craft Markets Kurrawa Park |
| 4 | Glider Butterflyer Tour Gold Coast Botanic Gardens | Seniors Bowls & Cards 10:30am Lunch 1pm | NRL Knights v Raiders, FOX | International Women's Day Charity Fundraiser | AFL opening round: Gold Coast Suns v Richmond | NRL Dolphins v Cowboys |
| Cricket day 4, AUST v NZ | Cricket day 5, AUST v NZ | Seniors Committee Meeting | AFL Carlton v Richmond | 15 | AFL round 1 Gold Coast Suns v Adelaide Crows | Persian Nowruz Festivity, Nerang |
| 18 | 19 | Seniors Lunch Cuban Broadbeach 12:30pm | NRL Panthers v Broncos FOX | NRL Warriors v Raiders FOX | NRL Titans v Bulldogs FOX | NRL Eels v Sea Eagles FOX |
| Storyfest Writers Festival Somerset College, Somerset | 26 | Seniors Cards at the Bowls Club 3pm Dinner 6pm | AFL Brisbane v Collingwood | Easter in the Laneway, Cavill Lane, Surfers | NRL Titans v Dolphins FOX | AFL Swans v Richmond |

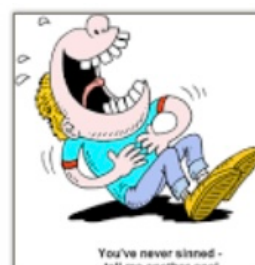
Why is March is most popular month to use a trampoline? It's spring time.

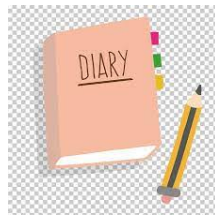
I asked my girlfriend when her birthday was. She said "March 1st", so I walked around the room and asked her again.

What falls in March but never gets hurt. The rain.

Man 1, did you know that pancake day is in March?

Man 2, is that so? It just creped up on us, didn't it?





The developing forward plan for 2024

March 6 Branch Meeting replaced with Bowls & Cards event.

March 13 Committee meeting KSC.

March 20 Members Lunch 12:30 pm Cuban Restaurant, Broadbeach.

March 27 Cards at the Bowls Club.

March 27 Dinner at the Bowls Club.

April 3 Branch Meeting, Ron Preston for more mysteries of the mail.

April 17 Members Lunch 12:30 La Porchetta, Broadbeach.

April 24 Cards at the Bowls Club.

April 24 Dinner at the Bowls Club.

May 1 Branch meeting, RACQ.

May 8 Committee meeting KSC.

May 15 Members Lunch TBA.

May 22 Cards at the Bowls Club.

May 22 Dinner at the Bowls Club.

May 29 Cards at the Bowls Club.

May 29 Dinner at the Bowls Club.

June 5 Branch meeting, TBA.

June 12 Committee meeting KSC.

June 19 Members Lunch TBA.

June 26 Cards at the Bowls Club.

June 26 Dinner at the Bowls Club.

July 3 Branch Meeting, Our local Bowls Champions.

July 10 Committee Meeting KSC.

July 17 Members lunch TBA.

July 24 Cards at the Bowls Club.

July 24 Dinner at the Bowls Club.

July 31 Cards at the Bowls Club.

July 31 Dinner at the Bowls Club.

August 7 Branch Meeting, AGM & Chris Grice, Cashless Society.

August 14 Committee meeting KSC

August 21 Members Lunch TBA

August 28 Cards at the Bowls Club

August 28 Dinner at the Bowls Club.

