

# National Seniors

## AUSTRALIA

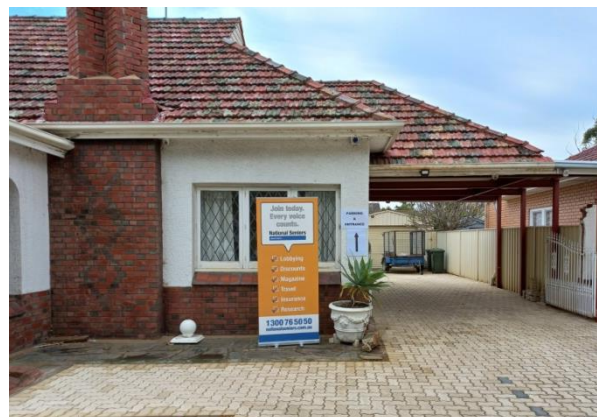
### ADELAIDE NORTH-WEST BRANCH

### NEWSLETTER

November, 2023

Meeting at 2 pm on the fourth Wednesday of each month at  
Lockleys Baptist Church house,  
244 Henley Beach Road, Underdale (pictured right)

Entrance & Parking - Drive through carport to rear of building



### COMMITTEE

President ..... Brian Mibus (0417 887701)  
Vice-President .. Trevor Molde (0417 838740)  
Secretary ..... Kathy Hancock (0432 101372)  
Treasurer ..... Mavis Smith  
Activities Coordinator ..... Annie McCall  
Committee ..... Jeanette Molde  
Newsletter..... Trish Mibus (0407 605091)

### 2023 CALENDAR

#### OUR FINAL MEETING FOR 2023

WEDNESDAY, NOVEMBER 22, 2023,  
10.30 AM

Visit to Botanical Gardens  
and lunch at the café.

Park on Plane Tree Drive (you will need a ticket - there will be a fee) and enter the gardens through the Friends Gate. Meet just inside the gate at 10.30am.

### 2024

WEDNESDAY, JANUARY 22, 2024, 6.00 PM

*'Beat the Heat' Dinner Meeting*

Alberton Hotel, 124 Port Road, Alberton  
Guest Speaker – To be advised

**2024 - TO BE CONFIRMED**

WEDNESDAY, FEBRUARY 28, 2024, 2.00 PM

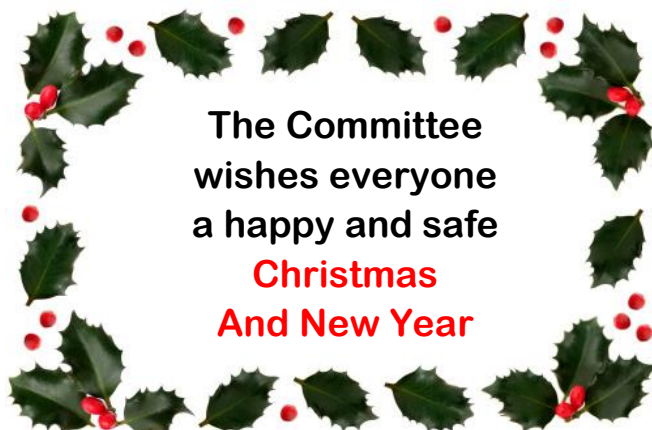
*Genealogy Society*

WEDNESDAY, MARCH 27, 2024, 2.00 PM

*Hearing Dogs*

WEDNESDAY, JUNE 26, 2024, 2.00 PM

*West Torrens Historical Society*



## NOTES FROM OUR OCTOBER MEETING

### MATAAN DUNNING – FIDUCIAN FINANCIAL PLANNER

Mataan has been a financial advisor in Adelaide for 20 years with qualifications in finances and economics. Fiducian has been operating for 27 years. They do financial planning and have their own Super and Investment Accounts.

Mataan spoke about Downsizing and the Super Hidden Death Tax.

#### **DOWNSIZING:**

Aged people have too much equity in their homes, but they can free up capital by downsizing and moving to residential villages or smaller properties.

People want to move for different reasons:

- Want a home that takes less time to maintain
- Looking for an income boost from selling
- Change of pace or scenery
- To be near family or support network
- To go to good community
- To go where health services are

Moving costs are expensive so it is not just a matter of selling one house and buying another. There are moving costs of furniture, agents' costs of selling and buying, costs to get rid of "stuff" and in some cases get rid of parents' "stuff".

With Centrelink the family home is not counted in the assets test when calculating the pension, but if you downsize the extra money after buying something cheaper is counted as income, affecting the pension.

The advantage of downsizing is the Downsizing Rule and Legislation. Previously if you were over 65 years you could not add any money to your Super. Now the Downsizing Rule allows you from 55 years or over to add \$300,000 per person or up to \$600,000 from the sale of your house to your Super if you have owned your house for 10 years or more before the sale, even if you aren't working. This money is not counted when calculating your Centrelink pension.

Income Stream is invested and grows, with no tax on interest.

- Prep regular income – no tax to pay
- Adjust regular income – minimum but no maximum
- Excess money – no tax.

If over 87 years you can take out money to invest and make more. If under 87 years and you still want to work you should set up a separate Super account.

It is your decision if you want to work or not. If unsure use 2 months of Long Service Leave to try retirement. If you miss the social side of working, go part time so you still have that contact.

The difference between being - under 75 years put the money into your Super, if over 75 years use the Downsize Rule:

e.g. Less than 65 years with a home worth \$1.5m, buy a smaller one worth \$800,000 put \$300,000 in each Super and you can still get \$12,000 Centrelink pension with concessions.

Government, State and Commonwealth and Centrelink pensions are all taxable but if under the limits you can put it in Super and pay no tax.

#### **Super and Financial Planning Expenses:**

There is a cost to get help with financial planning. **Mataan offers first consultation free to look at your personal situation and give advice.** Planners have a legal obligation to do the best for their clients.

A person who is 24 years old with 5 different jobs and 5 different super accounts would not be advised to get Financial Planning advice as the costs would eat up their super. As older persons, the advice will cost but it will save you money in the long run as you will get expert help to put the money in the best place to serve your interests.

#### **SUPER HIDDEN DEATH TAX:**

What happens at death – leave money to children, family, charities or estate.

Super has three nominations as to what happens to the money in Super upon death:

- **Binding Death Nomination** leaves money to a nominated person/s e.g. Spouse or children, dependent person or Estate (kin, charities as per will). This has to be renewed every 3 years.
- **Non-lapsing Nomination** – this is still binding but does not have to be renewed.
- **Non-beneficiary** – this is not binding and so the wishes do not have to be followed, is not divided by the estate and can be contested through the courts.

The Binding Death Nomination is best as it can be left differently to will or nominated to the estate to be left as per the will. Joint families cannot contest the Super as it is not part of the estate, but it must be renewed every 3 years. This is done in case anything changes.

The Super Balance has two different parts – the Tax Component and the Tax Free Component.

Beneficiaries pay tax on the money left to them.

The Tax Component goes into Super account before Tax, but the Tax Free Component goes into the account after tax.

e.g. Ron is 74 years old and has \$500,000 in a Super Income Stream account with a Nomination to leave it to his 3 children. \$450,000 is in Tax Component and \$50,000 in Tax Free Component. The children would get the \$50,000 tax free but the \$450,000 would be taxed (\$76,000).

New Super changes – if you are less than 75 years old there are strategies to change the % structure of your super into Tax Free Component. Only your partner will get the money tax free. If leaving to children, you need to take advantage of the

strategies to change the money to tax free component.

This has to happen before it becomes a Super Income Stream where you can't nominate where the income comes from. It will come out proportionally 90% taxable and 10% tax free.

**FINANCIAL ADVISOR:**

Must have specific qualifications – these were stipulated in the Royal Commission for a minimum of Educational Standards. Just experience is not enough; need a Graduate Diploma in Financial Planning and some also get a Masters.

You make the decisions where the Super is and can change it if you want. Get a Plan together with an advisor for an initial cost. You can stop here once the plan is in place or meet with the advisor annually or when you need more help. If Centrelink asks for an Income Stream review, you are advised to meet with a Financial Planner first.

**REMEMBER: Mataan offers first consultation free to look at your personal situation and give advice.**

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## OUR NOVEMBER OUTING - CHARLES STURT MUSEUM

A group of our members spent a wonderful morning at the Charles Sturt Museum in Grange.

The morning commenced with scones, jam and cream provided by museum volunteers.

Our group was then split into two to be taken on a tour of the museum and grounds of the property originally owned by Captain Charles Sturt, a well-known Australian explorer. The cottage has been lovingly restored and a lot of the furniture and other items on display were returned from England by Sturt's family.

Sturt was born in India in 1795 and entered the British army at the age of 18. In 1827 he became military secretary to the Governor of New South Wales, Sir Ralph Darling.

In 1828 – 29 Sturt led the first of his major expeditions, tracing the Macquarie, Bogan, and Castlereagh rivers and discovering the Darling River, which he named after the NSW governor. In his subsequent expedition down the

Murrumbidgee, he discovered the Murray River (which he named after Colonial Secretary Sir George Murray), following it to its mouth, dealing peaceably with many Aborigines along the way.

Sturt returned to England in 1832 to recuperate from his expeditions. In 1835 he returned to Australia and was later granted 2000 hectares of land on which his cottage was built. He names the cottage 'The Grange'. He kept animals, grew fruit trees, crops and vegetables.

From 1844 – 1846 he led an expedition north from Adelaide to the edge of the Simpson Desert. During this time, his wife, Charlotte, looked after the house and land.

Our group spent 2 wonderful hours at the cottage before sharing lunch at the Grange Kiosk.

Thank you to the wonderful volunteers from the Charles Sturt Museum for their very interesting and informative tour through the cottage and grounds.



**Top row** – Sturt's cottage

**2nd row left** – Room off the dining room where the family relaxed and entertained after dinner.

**2nd row right** – Charles and Charlotte's bedroom

**3rd row left** - Heritage gardeners are planting flowers that would have been in Sturt's garden

**3rd row right** – Model of the boat Sturt sailed down the Murray and one of his camp sites.

**Left** – Morning tea in the gardens