

**At our February Branch Meeting, Mark Rose, a Beekeeper** gave a powerful presentation about all things dealing with Bees. The different types of bees, the way they organise their hives, and the roles played by the Queen, Drones, and Workers. One of the key takeaways from his talk, was that local honey is better than the honey bought in supermarkets. The reason is that the pollen collected by local bees can assist people who are allergic to local pollens. The honey made from local nectar can help to reduce the effect of hay fever for people who suffer from this ailment. Mark had many products for sale to our members.



**Tour of SAHMRI Building 29 February.** 14 members attended the tour and heard about the medical research being undertaken in many areas. There is a constant need for ongoing research to learn more about various health matters. Without research, new treatments would not be developed. After the tour some of the members had an enjoyable lunch at the Casino. The photo of the inside of the SAHMRI Building has been provided by Sue Temby.

### **Tuesday 19 March -Branch Meeting– Speaker from Metropolitan Fire Service.**

House fires can occur anytime during the year. Each of us has a duty to eliminate or reduce hazards around our homes. The speaker will provide us with sound advice on the following topics.

- Common causes of house fires
- Preparing for emergencies
- Reducing your fire risk
- Smoke alarms.
- Using a fire blanket
- Home fire escape plans



### **Lunch on 19 March Brighton Esplanade Hotel**

After each Branch meeting there is a lunch for members who wish to attend. On 19 March the lunch will be at the Brighton Esplanade Hotel, corner the Esplanade and Jetty Road. If you wish to attend, please put your name on the sheet on the back table at the meeting, so we can advise the hotel of the number of members attending.

### **Members' Corner**

Three of our members who have contributed amazingly over many years to the Brighton Branch are now finding it difficult to attend due to health issues. Daphne Bevan has moved into residential care at Resthaven Mitcham. Tricia Burt is receiving regular assistance in her home. A phone call to Tricia would likely cheer her up. Her number is 0417 864 237. Maureen Curth is also having health issues and has indicated she will be unable to attend future meetings and outings. Brighton Branch thanks each of these wonderful members for their friendship and support and we wish them all the best.



**Daphne**



**Tricia**



**Maureen**

## Brighton Branch Meetings

Our Branch Meetings are held on the 3<sup>rd</sup> Tuesday of each month, except for December when we do not have a meeting. We meet at the Lighthouse Community Church, corner Jetty Road and The Crescent, Brighton on the beach side of the railway line. The meeting starts at 10am, so arrive from 9.30am. Door entry is \$5, and this includes morning tea and a chance to win a door entry prize.

Payment of your annual subscription can be made at the Branch meetings. Payment by Visa or MasterCard Credit or Debit Card is available for Subscriptions, Outings, and Door Entry.



**Catering.** As Easter is approaching, Easter Bunny may have a surprise for us at morning tea. Lleyan Adams, Catering coordinator has a regular band of willing volunteers. However, as some volunteers cannot come sometimes due to other commitments, travel, or illness, **Lleyan is looking for more people to share the load.** The more members who volunteer means you may only need to assist with the morning teas once every few months. Please talk to Lleyan if you can

assist from time to time.

**The Walking Group** meet 9.30am every Tuesday except when there is a Branch Meeting. On that week the group meet on the following day. On **Wednesday 20 March**, Meet at **Oaklands Reserve** (entrance off Oaklands Road, Marion opposite Hendrie St. at traffic lights. Drive to end of driveway). Meet near toilet block, walk to Café Finniss on Finniss St. Enjoy some refreshments and return to Oaklands Reserve.

The contacts are Barbara Hansen 0448 223 075 and Anne Arthurson 0406 722 770.

## Upcoming Activities

**Wednesday – 27 March- Bus tour to Hahndorf and the Adelaide hills.** Cost \$35 includes morning tea. 9.00am start from near Windsor Theatre, Brighton. Lunch at Hahndorf at own expense. After lunch travel to Beerenberg for your choice of picking strawberries, shopping or having afternoon tea. Arriving back at Brighton between 4.00 and 4.30 pm. We still have some vacancies for this tour. Sign up and pay at the Branch Meeting on 19 March to secure your seat. The cost is considerably below what other tour groups are charging for a similar tour. Contact is Brian Hockley 0412 995 691.

**Tuesday 16 April Branch Meeting – Entertainment.** Enjoy a fun filled 60 minutes by a duo called **Just Friends**. In addition to entertaining us with songs which will bring back memories from our younger days, Just Friends also have a few light-hearted activities to keep us bopping along.

**Wednesday 8 May – Members Social Lunch.** Mark in your diaries this date. As May is History Month, the lunch will be held at Noon in “The Duck” Hotel, 393 Main Road, Coromandel Valley. This suburb was settled in South Australia in 1837 when 10 crew members deserted their ship called “Coromandel” and they started living in the area they called Coromandel Valley. If you would like to attend, put your name of the sheet on the back table.

**Tuesday 21 May, Branch Meeting.** The Committee is looking at several options for a speaker for our Branch Meeting in May. More details in the next Newsletter.

**Tuesday 18 June, Branch Meeting.** The Entertainers “Copy Cats” will be the guests at our Branch Meeting. They have previously played for us and members especially liked their performance, so we have invited them again.



**Contacts** President Aileen Merrett 0438 854 029 Secretary Julie Hockley 0410 053 973  
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