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FOR 2017-2018**

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Thought of the Month

"Ask yourself always. How can this be done better?"

THE PRESIDENT'S PRATTLE

Welcome to 2018. We are looking forward to a happy and fulfilling year.

Our group is diverse and we have always been able to put our differences aside to work together to create a friendly and welcoming group, my greatest wish is that we will continue in this vein.

Several of our members have suffered setbacks in their health over the last couple of months; we wish these members a speedy recovery and then long lasting health and fitness.

The only membership fee is the one we pay to our parent body, however, we do have our own membership form which needs to be kept up to date so that you may be contacted by our various committee members when the need arises.

Mark Lee organizes our monthly lunches so it is he who you contact if you are unable to attend; he may also need to contact you if you have not arrived or to give you a friendly reminder when there is a long break between our meetings. Similarly, Pamela Costello, who arranges all of our various outings needs this information and is the one to contact when something arises so that you cannot go.

We all enjoy receiving birthday wishes and other messages of encouragement when some misfortune occurs. Lorraine Grieve, our almoner, cannot contact you if your address is not up to date. Please request a new membership form if your contact information changes. Similarly when you pay your annual subscription please let Lorraine know the new expiry dates so that we have an up to date record of our members.

Finally all the best for 2018 and beyond.

Margaret Arnold

**MEETINGS 1.15 PM 1ST WEDNESDAY OF THE MONTH @ THE
CLUB CAROLINE SPRINGS 1312-1322 Western Hwy. Caroline Springs
Melway Ref. 358.G4**

Why not join us for lunch from 12.00 noon prior to the meeting, the club supplies a wide variety of delicious meals. Seniors meals are available

HAPPY BIRTHDAY TO YOU

FEBRUARY

Trish Hodda 12th
David Axon 14th
Dorothy Gilham 27th

MARCH

Margaret Arnold 3rd
Vinnie Weir 3rd
Lois Middleton 4th
Elizabeth Mulquiney 4th
Nancy Lee 5th

ALMONERS REPORT

Margaret Lang has returned home from re-hab. following her hip replacement surgery. Best wishes for a full recovery Margaret!

Betty Lamplough is now home and is making great progress in a speedy recovery from her broken shoulder. Just keep up the T.L.C. Bing, it's working wonders!

Old Spectacles & Sun Glasses

Please place your old unwanted spectacles and sunglasses in the bag at the Welcome table, These are being collected and then donated to persons in 3rd world countries in need.

A Money Box has been placed on the Welcome table for all wishing to donate their loose change to an Age related charity, . This box will be opened at our AGM for another distribu-

Special Effort for Christmas Boxes

There was a total of 21 boxes and 12 blankets distributed to 4 separate nursing homes last Christmas, unfortunately we were not able to supply all nursing homes we wanted to.

I was given a donation of blankets and gifts (10 in all), that enabled us to service a nursing home that was going to miss out. The donour is not one of our members and does not attend any of our meetings.

A special thank you to all involved who made over 43 people realize there is a Santa.

A Thank You card from one of the Nursing Homes is attached to this Newsletter

Used Postage Stamps

Any used postage stamps are being collected for charity. Please give them to our almoner Lorraine

CRAFT BAG

There is a blue bag on the entrance table marked **Craft**. Any articles suitable for manufacture into craft items eg. Lace, ribbon, old cards, pictures, buttons etc. can be placed in this bag for disposal.

We have a nursing home that will gratefully except these contributions to be used by their

Wanted for Website

Alma Mayer. Is always happy to accept articles to be inserted onto our website. Why not produce some photos or reports at some of our forthcoming outings ?

Alma and Bev. have kindly agreed to add another feature to our website giving an insight into and descriptions of, some of the places members will be visiting with the Club in the forthcoming social program.

BUS OUTINGS DEPARTING 'THE CLUB' CAROLINE SPRINGS

Would all members going on our bus trips departing from 'The Club' Caroline Springs, please in future ,ensure that your vehicle is parked around the rear of the premises before alighting on the bus. **Thank you.**

Forthcoming Events

<u>Month Meeting</u>	<u>Speaker</u>	<u>Month Activity</u>
<u>February 1st</u>	Trivia Session	<p><u>Thurs. Feb. 15th</u> Live Show <i>Seniors Moments</i> @ Comedy Theatre. Mel Ref 1B/T3 Lunch prior 1__2 pm. @ Telstra food court.</p> <p><u>Fri 16th Feb</u> Lunch @ Cross Keys Hotel Strathmore 12 noon MEL Ref 28/F1</p> <p><u>Thurs. 22nd Feb</u> RAAF MUSEUM Pt Cook 1015am. Mel Ref 198/J4</p>
<u>March 7th</u>	TBC	<p><u>Thurs 1st Mar.</u> <i>Dreamlover</i> Art Centre Mel. 1300 pm Lunch @ The Clocks Flinders. St 1130am. Prior .Mel Ref 1B/N11</p> <p><u>Fri 16th Mar</u> Lunch @ <i>Taylor's Lakes Hotel</i> 12 noon Mel. Ref. 14/A1</p> <p><u>Thurs 22nd Mar</u> Mystery Bus Tour Departs Club Caroline Springs 07.55am.</p> <p><u>Wed. 11th</u> <i>Priscilla Queen of Desert</i> @ Re gent Theatre Mel Ref 1B/P8 Lunch prior Dymocks @ 1130 am.</p> <p><u>Fri. 13th Apr.</u> Lunch @ Galli Winery Plump ton. 12noon Mel. Ref. 353/B9</p> <p><u>Wed. Apr. 18th</u> Jewish Museum Tour with Lunch @ Dear Liza Café Mel. Ref. 2P/E5 Times TBA.</p>
<u>April 4th</u>	TBC	

SOCIAL SECRETARY'S REPORT FEBRUARY 2018

Last year came and went very quickly, but this year seems to be moving even quicker. The people who booked in for the cruise down the river in July finally had a very enjoyable day on Wednesday the 17th January. I would like to thank those people for their patients in waiting six months so that it did not clash with our other arranged outings.

Now to list the coming events:

Firstly on the 15th Feb we have Senior Moments at the Comedy Theatre at 2.30 in the afternoon, for those that like to meet for lunch we will be at the Telstra Centre between 1.00 and 2.00. Tickets will be handed out at the Feb meeting.

On Thursday 22nd of February we have the RAAF Museum:

This is at: RAAF Base Williams

Point Cook Road

Point Cook.

We will meet between 10.15 & 10.25 then we will all go in together for the tour. We can then get something to eat for lunch before we see the flying program.

Thursday 1st of March we have the Bobby Darrin Musical: *Dream Lover*, this is starting at 1.00pm at the Arts Centre Melbourne State Theatre. All tickets will be given out at the February Meeting.

The March outing is on the Thursday 22nd and is a Mystery Trip, we have to be at the club for an 8am pickup. So far we have 22 people down to go. Please try to come as it is a full day and we will be having lunch. Cost is \$70.

A Great "Righter"

THERE was once a young man who professed a desire to become a great writer .

When asked what genre he was going to write he replied "great stuff, I am going to write stuff that whole world will read. stuff that will make them scream in desperation, and anger!"

He now works at Microsoft writing error messages.

Views & Opinions

Tease the Mind ...P5. for Answers

- | | | |
|--------|---|--------------------------------|
| [1] | You throw away the outside, cook the inside, eat the outside, and throwaway the inside. | What am I?. |
| [2] | What can run, but never walks, has a mouth but never talks, has a head but never weeps, has a bed but never sleeps? | What am I ? |
| [3] | I am an odd number, but one subtraction can make me even. | What am I ? |
| [4] | Before Mt. Everest was discovered, what was the highest mountain on Earth? | ? |
| [5] | Housed in marble white as milk, lined with a mantle as soft as silk, no doors or windows has this stronghold, yet thieves break in to steal the gold. | What am I ? |
| [6] | My butcher is 2m tall and wears size 10 shoes, what does he weigh? | ? |
| [7] | The person who makes it has no need for it, the person who purchases it does not use it, the person who uses it doesn't know they've used it. | What am I ? |
| [8] | A man looking at a photo says "brothers and sisters have I none, but this mans father is my father's son". | Who's photo is he looking at ? |
| [9] | There are 5 birds sitting on a fence, a hunter shoots one. | How many are left ? |
| [10] | What has two horse-power, four wheels, 40 cylinders and flies | What am I ? |

Some wise words -

Be kinder than necessary because everyone you meet is fighting some kind of battle. your expression is the most important.	If you want your dreams to come true, you mustn't oversleep. <u>The best vitamin for making friends ... B1.</u>	A sharp tongue can cut your Of all the things you wear,
your life depends on the quality of your thoughts. you can give and still keep is your word.	The heaviest thing you can carry is a grudge.	The happiness of One thing
the courage to start, you have already finished.	You lie the loudest when you lie to yourself.	If you lack
work unless "YOU" do.	One thing you can't recycle is wasted time.	Ideas won't
ments are not a multiple choice.	Your mind is like a parachute, it functions only when open.	The 10 command-
to become what you might have been.	The pursuit of happiness is the chase of a lifetime.	It is never too late
right. Forget about the ones who don't.	Life is too short to wake up with regrets. So love the people who treat you	Believe everything happens for a reason. If you get a second chance,
grab it with both hands. If it changes your life, let it.	Believe everything happens for a reason. If you get a second chance,	Nobody said life would be easy, they just promised it
would be worth it.	Friends are like balloons; Once you let them go, you might not get them back. Some-	Sometimes
times we get so busy with our own lives and problems that we may not even notice that we've let them fly away.	Sometimes we are so caught up in who's right and who's wrong that we forget what's right and wrong.	Sometimes
we just don't realize what real friendship means until it is too late. I don't want to let that happen so I'm going to tie you	to my heart so I never lose you.	

This is so true ... School 1970--2010

- Scenario Johnny and Mark get into a fistfight after school.
- 1970..... Crowd gathers, Johnny wins, Johnny and Mark shake hands and end up best mates for life
- 2010..... Police called. arrests Johnny and Mark .. Charge them with assault. both expelled even though Mark started it. Both children go to anger management programs for 3 months. School board hold meeting to implement bullying prevention programs
- Scenario Robbie won't keep still in class, disrupts other students.
- 1970..... Robbie sent to office and given 6 of the best by the headmaster. Returns to class, sits still and does not disrupt class again.
- 2010..... Robbie given huge dose of Ritalin. Becomes a zombie. Tested for ADD. Robbie's parents get fortnightly disability payments and the school gets extra funding from state because Robbie has a disability
- Scenario Billy breaks a window in his neighbours car and his Dad gives him a whipping with his belt.
- 1970..... Billy is more careful next time, grows up normal, goes to college, and becomes a successful businessman.
- 2010..... Billy's dad is arrested for child abuse. Billy removed to foster care and joins a gang. Government psychologist tells Billy's sister that she remembers being abused herself and their dad goes to prison.
- Scenario Mark gets a headache and takes some aspirin to school
- 1970..... Mark gets a glass of water from Teacher to take aspirin with.
- 2010..... Police called, Mark expelled from school for drug violations. Car searched for drugs and weapons.
- Scenario Johnny takes apart leftover firecrackers from Guy Fawkes, puts them in a model airfix paint bottle, blows up an ant's nest.
- 1970..... Ants die.
- 2010..... Police, Armed Forces, & Anti-terrorism Squad called. Johnny charged with domestic terrorism, MI5 investigate parents, siblings removed from home, computers confiscated, Johnny's dad goes on a terror watch list and is never allowed to fly again.
- Scenario Johnny falls while running during break and scrapes his knee. He is found crying by his teacher, Mary. Mary hugs him to comfort him.
- 1970..... In a short time, Johnny feels better and goes on playing.
- 2010 Mary is accused of being a sexual predator and loses her job. She faces 3 years in prison. Johnny undergoes 5 years of therapy!

This is printed to show how stupid we have become.

WAKE UP & LAUGH

Cold Breakfast

On a bitterly cold winters morning a husband and wife in Dublin were listening to the radio during breakfast. They heard the announcer say, "We are going to have 8 to 10 inches of snow today. You must park your car on the even-numbered side of the street so the snow ploughs can get through." So the good wife went out and moved her car.

A week later while they were eating breakfast again, the radio announcer said, "we are expecting 10 to 12 inches of snow today. You must park your car on the odd numbered side of the street so the snow ploughs can get through." So the good wife went out and moved her car again.

The next week they are again having breakfast when the radio announcer said, "we are expecting 12 to 14 inches of snow today. You must park ...". The electric power then went out. The good wife was very upset and with a worried look on her face she said, "I don't know what to do. Which side of the street should I park my car on so the snow ploughs can get through?"

Then with the love and understanding in his voice that all men who are married to excitable wives exhibit, the husband replied, "why don't you just leave the bloody car in the garage this time?"

THE MONKEY'S VIEWPOINT

Three monkeys sat in a coconut tree
Said one to the other, "now listen you two
That man descended from our noble race.
No monkey ever deserted his wife,
And you've never known a mother monk
Or pass them on from one to another
And another thing you'll never see
to let the coconuts all go to waste
Why if I put a fence around the tree
There's another thing a monk won't do,
Or use a gun or club or knife

discussing things as they're said to be.
there's a certain rumour that can't be true;
The very idea is an utter disgrace!
or starved her babies or ruined her life;
to leave her babies with others to hunt.
till they scarcely know just who is their mother.
is a monk build a fence 'round a coconut tree
forbidding all other monks a taste.
starvation would force you to steal from me.
go out at night and get in a stew,
to take some other monkey's life.

YES MAN DESCENDED THE ORNERY CUSS
BUT BROTHER HE DIDN'T DESCEND FROM US!

We try to do the impossible immediately, but miracles happen to take a while longer.

A sign outside a nursery: "It's spring! We're so excited, we wet our plants!"

Voiceover PA system: Would everyone on the 12th floor please gather by the photocopy machine for a tutorial on how to operate it.

Engineer 1 "Is she serious"?

Engineer 2 "Yeah, there's a lot of architects in this office ...

After a course on computer skills, a teacher finally seemed to get the hang of it. As he admitted in his self-evaluation, "computers have simplified and shortened my life."

- Q1. What do you call a penguin in the Sahara desert? A Lost.
- Q2. What do you call a crate of ducks? A A box of quackers.

Answers to Teasers

- [1] Cob of corn [2] A river [3] Number 7
[4] Mt. Everest [5] An egg [6] Meat
[7] A coffin [8] His son [9] (A) None-(B) One, he was deaf
[10] A dunny cart in the 1930's

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NEWS

A special thank you to our sponsors and to the office of Ben Carroll MP State Member for Niddrie for assistance in printing this newsletter

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To Margaret and all the wonderful people at Deer park National Seniors.
We sincerely thank you for the wonderful effort you all put in to make the Christmas
of our residents one they will all cherish.

Thanks to you, all our residents were able to open presents on Christmas Day and
believe that Santa Claus didn't forget them

FROM ALL OF US! Thank you so very much. From, All staff at Grantham Green.
We have attached photos that were taken during our residents Christmas Party, included are
pictures of our residents, some family and our wonderful volunteers and staff.

With much gratitude
The Activities Team of Grantham Green